



## ANDY THE RD

Hello! My name is Andy De Santis and I am a Registered Dietitian (RD) who specializes in healthy eating, digestive health and weight management. I have been helping an increasing number of businesses across the city take advantage of their extended health insurance benefits and take better care of their employees. I appreciate as well that the average modern worker faces severe time constraints, which is why all of my services are delivered at the site of your business. I come in and teach your employees, either in a 1-on-1 or group setting, how to best navigate working life to ensure optimal health, productivity and longevity.

### I Offer Two Professional Nutrition Solution Options:

1-on-1 In-Office 60 Minute Nutrition Consultations (\$125/Employee)

Customized Healthy Eating Seminars With Question & Answer Period (\$250/Seminar)

Make an investment in the health of your employees, [contact me today.](#)

### Companies I've Worked With

